



(An ISO 22000-2005 & WHO GMP Certified Company)
 Village Lower Ambota Sector-5 Old Kasauli Road
 Parwanoo Himachal Pradesh -173220

Product List

Protein Powder Formulations
Gym Products Formulations
Energy Drink Formulations

Protein Powder Formulations

Formulation 1: Protein 15% - 20g with Vitamins & Minerals.

Formulation 2: Protein 15% - 15g with Vitamins, Minerals & L-Lysine Mono hydrochloride.

Formulation 3: Protein 15% - 20g with Vitamins, Minerals, DHA, GLA & Lycopene.

Formulation 4: Protein 15% - 30g with Vitamins, Minerals, Spirulina & Ginseng (**Sugar Free**)

Formulation 5: Protein 15% - 20g with Vitamins, Minerals, Spirulina, Ginseng & Lycopene.

Formulation 6: Protein 15% - 20g with Vitamins, Minerals & DHA.

Formulation : 1		Brand Name: Prospir	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100 g*	Each 30 g*
Energy Value	Kcal.	275	82.50
Protein (15%)	g	20	6.00
Carbohydrate	g	65	19.50
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	2000	600.00
Vitamin D3	IU	500	150.00
Vitamin C	mg	30	9.00
Niacinamide	mg	20	6.00
Vitamin E (50%)	mg	5	1.50
Calcium-D-Pantothenate	mg	3	0.90
Vitamin B6	mg	2	0.60
Vitamin B2	mg	1.6	0.48
Vitamin B1	mg	1.6	0.48
Methylcobalamin	mcg	250	75.00
Folic Acid	mcg	1	0.30
Minerals			
Calcium	mg	650	195.00
Magnesium	mg	12	3.60
Zinc	mg	5	1.50
Iron	mg	5	1.50
Iodine	mg	0.1	0.03

Formulation : 2		Brand Name: Prospir-XP	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100g*	Each 30 g*
Energy Value	Kcal.	272	81.60
Protein (15%)	g	15	4.50
Carbohydrate	g	66	19.80
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	3000	900.00
Vitamin D3	IU	300	90.00
Vitamin C	mg	50	15.00
Niacinamide	mg	20	6.00
Vitamin E (50%)	mg	5	1.50
Calcium-D-Pantothenate	mg	3	0.90
Vitamin B1	mg	1.6	0.48
Vitamin B2	mg	1.6	0.48
Vitamin B6	mg	1.6	0.48
Folic Acid	mcg	166	49.80
Methylcobalamin	mcg	100	30.00
Minerals			
Calcium	mg	800	240.00
Phosphorus	mg	640	192.00
Potassium	mg	150	45.00
Sodium Chloride	mg	100	30.00
Iron	mg	20	6.00
Magnesium	mg	12	3.60
Zinc	mg	10	3.00
Copper	mg	2.5	0.75
Iodine	mg	0.1	0.03
Manganese	mcg	5	1.50
Amino Acid			
L-Lysine Mono HCl	mg	25	7.50

Formulation : 3		Brand Name: Prospir-Plus	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100 g*	Each 30 g*
Energy Value	Kcal.	279	83.70
Protein (15%)	g	20	6.00
Carbohydrate	g	66	19.50
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	2940	882.00
Vitamin D3	IU	176	52.80
Vitamin C	mg	60	18.00
Vitamin E (50%)	mg	11.8	3.54
Niacinamide	mg	8.8	2.64
Calcium-D-Pantothenate	mg	4.05	1.22
Vitamin B6	mg	0.97	0.29
Vitamin B2	mg	0.79	0.24
Vitamin B1	mg	0.7	0.21
Folic Acid	mg	0.2	0.06
Biotin	mcg	45.6	13.68
Vitamin B12	mcg	1	0.30
Minerals			
Calcium	mg	882	264.60
Phosphorus	mg	706	211.80
Sodium Chloride	mg	470	141.00
Iron	mg	22	6.60
Potassium	mg	15.3	4.59
Zinc	mg	11.2	3.36
Copper	mg	0.73	0.22
Iodine	mg	0.194	0.06
Chromium	mcg	38	11.40
Selenium	mcg	5.9	1.77
Manganese	mcg	1.03	0.31
Special Ingredients			
DHA (10%)	mg	80	24
GLA	mg	25	7.5
Lycopene (10%)	mg	2.5	0.75

Formulation : 4		Brand Name: Prospir-SF	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100 g*	Each 30 g*
Energy Value	Kcal.	281	84.30
Protein (15%)	g	30	9.00
Complex Carbohydrate	g	61	18.30
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	500	150.00
Vitamin D3	IU	333	99.90
Vitamin C	mg	60	18.00
Niacinamide	mg	20	6.00
Vitamin E (50%)	mg	12.5	3.75
Vitamin B1	mg	1.6	0.48
Vitamin B2	mg	1.6	0.48
Vitamin B6	mg	0.8	0.24
Mecobalamin	mcg	125	37.50
Folic Acid	mg	1	0.30
Minerals			
Calcium	mg	665	199.50
Iron	mg	25	7.50
Zinc	mg	5	1.50
Copper	mg	1.6	0.45
Manganese	mcg	0.1	0.03
Special Ingredients			
Spirulina	mg	1.25	0.38
Ginseng Powder (4%)	mg	1	0.30

Formulation : 5		Brand Name: Prospir-Pro	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100 g*	Each 30 g*
Energy Value	Kcal.	275	82.50
Protein (15%)	g	20	6.00
Carbohydrate	g	65	19.50
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	2000	600.00
Vitamin D3	IU	500	150.00
Vitamin C	mg	30	9.00
Niacinamide	mg	20	6.00
Vitamin E (50%)	mg	5	1.50
Calcium-D-Pantothenate	mg	3	0.90
Vitamin B6	mg	2	0.60
Vitamin B2	mg	1.6	0.48
Vitamin B1	mg	1.6	0.48
Methylcobalamin	mcg	250	75.00
Folic Acid	mcg	1	0.30
Minerals			
Calcium	mg	650	195.00
Magnesium	mg	12	3.60
Zinc	mg	5	1.50
Iron	mg	5	1.50
Iodine	mg	0.1	0.03
Special Ingredients			
Spirulina	mg	2.5	0.75
Ginseng (4%)	mg	2	0.60
Lycopene (10%)	mg	2.5	0.75

Formulation : 6		Brand Name: Prospir-Pro	
Nutritional Information (Approximate Values *)			
Nutrients	Units	Each 100 g*	Each 30 g*
Energy Value	Kcal.	275	82.50
Protein (15%)	g	20	6.00
Carbohydrate	g	65	19.50
Fat	mg	300	90.00
Vitamins			
Vitamin A	IU	2000	600.00
Vitamin D3	IU	500	150.00
Vitamin C	mg	30	9.00
Niacinamide	mg	20	6.00
Vitamin E (50%)	mg	5	1.50
Calcium-D-Pantothenate	mg	3	0.90
Vitamin B6	mg	2	0.60
Vitamin B2	mg	1.6	0.48
Vitamin B1	mg	1.6	0.48
Methylcobalamin	mcg	250	75.00
Folic Acid	mcg	1	0.30
Minerals			
Calcium	mg	650	195.00
Magnesium	mg	12	3.60
Zinc	mg	5	1.50
Iron	mg	5	1.50
Iodine	mg	0.1	0.03
Special Ingredients			
DHA (10%)	mg	25	7.5