

Gym Products Formulations

- Formulation 1:** Mass Gainer
- Formulation 2:** Whey Protein
- Formulation 3:** Lean Gain
- Formulation 4:** Muscle Meal
- Formulation 5:** CGT
- Formulation 6:** Creatine
- Formulation 7:** Glutamine
- Formulation 8:** Fat Burner Capsules
- Formulation 9:** Fat Burner Plus Capsules
- Formulation 10:** Energy Drink

Mass Gainer		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	354
Protein (35%)	g	23
Carbohydrates	g	68
Fats	g	6
Vitamins		
Vitamin A	IU	2500
Vitamin D3	IU	100
Vitamin C	mg	65
Niacinamide	mg	12
Calcium-D-Pantothenate	mg	7.5
Vitamin E (50%)	mg	2.2
Vitamin B1	mg	1.5
Vitamin B2	mg	1.6
Vitamin B6	mg	1.5
Folic Acid	mcg	125
Biotin	mcg	120
Vitamin B12	mcg	3
Minerals		
Calcium	mg	500
Phosphorus	mg	150
Sodium	mg	120
Magnesium	mg	50
Potassium	mg	45
Iron	mg	6
Zinc	mg	4.5
Copper	mg	1
Iodine	mcg	50
Chromium	mcg	37
Selenium	mcg	22
Manganese	mcg	2
Special Ingredients		
Creatine Monohydrate	mg	310
L-Glutamine	mg	55
Taurine	mg	20
Choline	mg	7.5
Inositol	mg	7.5
Ginseng (4%)	mg	5
Para Amino Benzoic Acid	mg	1.5

Whey Protein		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	339
Protein (80%)	g	77
Carbohydrates	g	12
Fats	g	5
Vitamins		
Vitamin E (50%)	I.U.	10
Vitamin C	mg	20
Vitamin B1	mg	1.5
Vitamin B2	mg	1.5
Vitamin B6	mg	1.4
Folic Acid	mcg	200
Vitamin A	mcg	100
Vitamin B12	mcg	1
Minerals		
Calcium	mg	55
Phosphorus	mg	15
Sodium	mg	20
Magnesium	mg	10
Potassium	mg	4.5
Iron	mg	5
Zinc	mg	2
Special Ingredients		
L-Glutamine	mg	155
Ginseng (4%)	mg	50
Inositol	mg	46
Taurine	mg	23
Protein Digestive Enzyme Blend	mg	20
Alpha Lipoic Acid	mg	10

Lean Gain		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	320
Protein (70%)	g	45
Carbohydrates	g	43
Fats	g	2.5
Minerals		
Sodium Chloride	mg	65
Potassium Chloride	mg	150
Special Ingredients		
Creatine Monohydrate	g	2.5

Muscle Meal		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	315
Protein (70%)	g	60
Carbohydrates	g	30
Fats	g	3
Minerals		
Sodium Chloride	mg	65
Potassium Chloride	mg	150
Special Ingredients		
Creatine Monohydrate	g	2.5

CGT		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	0
Protein	g	0
Carbohydrates	g	0
Fats	g	0
Ingredients		
Creatine Monohydrate	g	50
L-Glutamine	g	30
Taurine	g	20

Creatine 100%		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	0
Protein	g	0
Carbohydrates	g	0
Fats	g	0
Ingredients		
Creatine Monohydrate	g	100

Glutamine 100%		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	0
Protein	g	0
Carbohydrates	g	0
Fats	g	0
Ingredients		
L-Glutamine	g	100

Fat Burner Capsules		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Per Capsule
Energy Value	Kcal	0
Protein	g	0
Carbohydrates	g	0
Fat	g	0
Ingredients		
Garcinia Cambogia Extract 50% HCA	mg	250
Green Tea Extract 30%	mg	180
Grape Fruit Extract 90%	mg	20
Chromium Picolinate	mcg	100

Fat Burner Plus Capsules		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Per Capsule
Energy Value	Kcal	0.08
Protein	g	0
Carbohydrates	g	0.02
Fat	g	0
Ingredients		
Garcinia Cambogia Extract 50% HCA	mg	125
Green Coffee & Green Tea Extract 95%	mg	75
Guarana Seed Extract (20%)	mg	75
Coleus Forskohli (10%)	mg	50
Bromelain (Pineapple Extract) 2500 GDU	mg	50
L-Theanine	mg	50
Cocoa Seed Extract (20%)	mg	50
Grape Fruit Extract (90%)	mg	20
Yohimbe Bark Extract (12%)	mg	20
Capsicum Annum (50%)	mg	5
Chromium Picolinate	mcg	30

Energy Drink		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	392
Protein	g	0
Carbohydrates	g	98
Dextrose Monohydrate - 66g		
Sucrose - 32g		
Fats	g	0
Vitamins		
Vitamin C	mg	64
Vitamin B1	mg	1.5
Vitamin B2	mg	1.5
Vitamin B3	mg	1.5
Vitamin B6	mg	1
Minerals		
Sodium Chloride	mg	1740
Potassium Chloride	mg	370

Energy Drink Formulation

Energy Drink		
Nutritional Information (Approximate Composition)		
Nutrients	Unit	Each 100g
Energy Value	Kcal	360
Protein	g	0
Carbohydrates	g	90
Dextrose Monohydrate - 50g		
Sucrose - 40g		
Fats	g	0
Vitamin		
Ascorbic Acid	mg	142.85
Mineral		
Zinc Sulphate	mg	92.5

Flavors Available: Orange, Lemon

Also Available Energy Drink without any flavor & Without Vitamin and Mineral